

DEPROGRAMMING MIND CONTROL by Kerth Barker October 31st, 2011

"Mind Control" as defined here would be any process that undermines your own free will. It's a process that allows others to control your beliefs and actions against your own best self interest. Everyone has been subject to varying degrees of mind control at one time or another. The propaganda of corporate-controlled mass-media is a type of mind control. You can overcome such mind control by turning off the TV and doing your own research. But there are more sinister forms of mind control such as MK Ultra type brainwashing and Satanic Ritual Abuse. Such mind control is an attack on the personality of the individual.

Everything you've experienced in life is recorded in your mind. However, obviously, you don't have the ability to recall every experience. Early life experiences are typically inaccessible. They exist only on a subconscious level of mind. Also you can't normally recall adult experiences of unconsciousness and pain. MK Ultra and Satanic Mind Control take advantage of this fact. Such brainwashing techniques deliberately create periods of overwhelming pain and unconsciousness. These periods of duress are accompanied with repetitive indoctrination. This results in the emergence of a brainwashed personality known as an "alter."

This alter ego personality exists independent of the normal ego state and may not be remembered. Victims of such abuse may experience lost time. This is when someone can't account for certain periods of their life. The thought processes of such victims may be permanently distorted. Many unsuspecting persons have been subject to some degree of mind control. But there is a technique by which you can overcome some of the effects of this abuse and regain control of your memory functions.

DEPROGRAMMING TECHNIQUE. There are many techniques that work, but this one is particularly effective. This method does require self-discipline and commitment. It also has positive benefits for anyone, whether or not you have been subjected to Satanic Ritual Abuse or any other form of brainwashing. This is a regimen of daily journaling and it consists of three parts, A., B. and C.. To perform this technique you need a notebook and the willingness to spend a little time at the end of each day to write some brief observations into this journal.

Part A. You first write down the day's date and write your full name next to the date. You must write down your name next to the date every time you make an entry into the journal. Brainwashing is an attack on your normal ego state and you must take ownership of your ego as well as your memories. Also some brainwashing victims are given fake names by which their alter can be evoked and controlled. By reaffirming your true name everyday you are disempowering the alter with its fake name.

Part B. Look back at the day and recall one experience that was particularly memorable. This experience may be happy, sad, or emotionally neutral. But it must be a single event that is easy to recall and which made the day unique. Some examples: A birthday party you attended. A car accident you saw. A promotion at work. A memorable speech. A visit from a friend you haven't seen in years. Observing an unusual sight such as a rare bird.

Pick only one experience from the day and describe it in a brief yet accurate way. You must write it down in such a way so that you can recall the experience days, weeks, or months later.

Part C. After this, recall the feelings that you experienced during the day. Only write down the emotions themselves and not the situations that evoked them. For example you might write down "sleepiness, wakefulness, happiness, pain, anger, joy, fear, and boredom." Victims of mind control often experience a disconnect from their emotionality and this is a way of forging a reconnection between your intellect and emotionality.

What you will do with your journal is this. Once a week, at the end of every week, you will do a review of the previous week's entries. Look at what you wrote down in Part B. and recall that experience once more. Do this for each day of the week in sequence. At the end of each month you will do the same thing, recalling an experience for each day of the month in sequence. You should commit to doing this for at least three months or longer.

This technique takes advantage of the brain's natural functions. Unlike a computer, the brain is a living electro-chemical organ. Memories are recorded organically. All memories, conscious or subconscious, are neurologically interconnected. By consciously focusing upon one group of memories everyday, you indirectly influence other memories in a tangible way. By using this recall technique you will gently coax subconscious memories into rising up to the level of conscious recall.

While doing this weekly review of memories you may sometimes turn on physical symptoms such as headaches or nausea. These sensations will arise from your subconscious mind. If you find them too unpleasant you can turn them off with this technique: walk around your room, look at objects and in turn touch each object that you just looked at. Doing this will bring your attention back into the present time.

If you consistently use this ABC deprogramming technique, the recovery of repressed memories might start coming to you at any time of the day. You may experience nightmares in which you recall repressed memories. But these previously repressed memories often come during normal waking hours as well. This often happens in a natural way. Don't try to recall repressed memories, let them arise into consciousness on their own. It's helpful if you have a trusted, understanding person with whom you can talk about these experiences.

Mind control is an attack on memory. This deprogramming technique is a slow but methodical process that allows you to regain conscious control of your memory. You should remember that your authentic, core personality is always more powerful than any alter that you have been brainwashed to accept.

LUCIFERIAN PHILOSOPHY. The philosophical roots of Luciferianism go back six thousand years to early Sumerian civilization. But you don't need to understand those ancient roots to understand modern Luciferian philosophy.

The movement of Satanism really began during the Dark Ages in Europe. Witch hunts and Inquisitions created resentment against the Medieval Christian Church. But no one dared to publicly disagree with Church dogma. Those victimized by the Church were innocent people. This injustice created an environment in which secret societies thrived. There were many different types of heretical and Luciferian groups. Some of these heretical groups helped to create the Reformation and the Renaissance. Other groups formed into criminal forms of Satanism.

On May 1st, 1776 Adam Weishaupt founded the Bavarian Illuminati. Although he was exposed and discredited, others took over the group and continued it in secret. It eventually recruited members from other secret cults. Since that time, the Illuminati has evolved to become an international organization of great power.

Aristocratic Illuminati members all descend from families with generational wealth such as the Rothschilds and Rockefellers, as well as others. Often, as children, these novices are separated from their families when they are sent to exclusive boarding schools. As adults they attend prestigious universities. If they demonstrate the correct elitist attitude, they may be invited to join some branch of the Illuminati. Skull and Bones of Yale is an example of one of these sub-branches. These groups subject their members to various rituals and indoctrination. The end result is that their members come to reject the beliefs and values of general society.

Whether or not you believe in Christian-Judaeo theology, you must admit that the Ten Commandments provide a moral basis for Western Civilization. The Aristocratic leaders of the Illuminati have been socialized to reject this fundamental moral code. Their childhood separation from their families tends to interrupt their social development. They lack normal empathy for ordinary human beings. They have been conditioned to reject common morality. They may pretend to be Christian, Jewish, Muslim, or whatever; but secretly they are Luciferians. They are manipulators and deceivers. For them, murder, theft, and falsehood are acceptable techniques to achieve their goals.

From their point of view, they are the enlightened ones and everyone else is inferior to them. Their philosophy is a learned form of mental illness. They believe that the universe is made up of two realms: They believe that there is a non-material realm of light and geometric

perfection; this perfect realm is in eternal conflict with the realm of the natural universe that we live in.

In other words, the Illuminati are at war with the real world. They see our natural world as imperfect, chaotic, and corrupt. Therefore they see human freedom and Nature as sources of chaos. This belief justifies the destruction of the natural world and the exploitation of other human beings. They believe that Lucifer is good. According to their doctrine, Lucifer, the Light Bearer, brings enlightenment to their small group of elite individuals. The goal of their elite group is to eventually rule the entire world.

This upper caste of Luciferian aristocrats are supported by an obedient caste of generational Satanists. This secret society of Satanists are indoctrinated from childhood. This indoctrination involves sexual abuse, torture, and hypnotic mind control. These generational Satanists tend to be highly respectful of aristocracy. They are resolutely anti-Christian. They believe that Christianity has weakened society and that their worldly success is proof of their superiority. They are atheistic and think of Satan as a metaphor for magical forces. They have an attitude of materialism, lust, greed, arrogance, and risk taking. To achieve their objectives they use violence and criminal acts of every kind.

The three rules that all initiated Illuminati live by are these: Never admit to outsiders that the Illuminati exists. Never admit to outsiders that you are a member of the Illuminati. Always obey orders coming down to you from your superiors in the Illuminati.

The punishment for breaking these rules is death. This is how they have kept their organization relatively secret for more than two hundred years. As a reward for obeying these rules the initiated members receive wealth and other favors.

The Illuminati is made up of three groups: Luciferian Aristocrats, generational Satanists, and puppets. "Puppets" are uninitiated slaves controlled by the Illuminati. In the old days the Illuminati tended to control people with blackmail, bribery, and threats of violence. They still do this, but modern psychiatric techniques have made mind control into a science. Many people who are being controlled by the Illuminati are not even consciously aware that they have been brainwashed. One indication of such mind control is that the victim experiences periods of missing time. Missing time is when you can't account for what you did during a specific period of the day.

Some of these brainwashed puppets work for years in the Illuminati cause. Some are merely activated when needed. Other puppets are played with for a while and then released to be forgotten.

Apart from this secret Illuminati, there are publicly known Satanists such as Anton LaVey's Church of Satan. Their beliefs are somewhat different than the Illuminati. LaVey drew his ideas from a variety of sources. Although the Illuminati approved of what he did, LaVey's Church of Satan only has a slight connection to them.

There are a number of such publicly known Satanic groups, most of which are completely unaligned with the Illuminati. These publicly known groups should not be confused with the Illuminati because they aren't as well organized and they lack the Illuminati's vast financial resources. The Illuminati is organized like a secret international corporation. Most unaligned Satanists are small and cult-like. This is what most people envision when they think of Satanism.

Certain criminal groups are based on a type of made-up Satanism. Most of these criminal groups have a sociopathic, charismatic leader. Charlie Manson is an example of this. The followers in these groups believe in whatever philosophy the leader preaches. Unsophisticated forms of brainwashing are often used by these groups. Because they are more careless than the Illuminati, the police sometimes find evidence of these groups' criminal activities.

One thing that all forms of Satanism have in common is that they oppose Christian-Judaic morality. Both Christianity and Judaism have committed their share of atrocities. But certain Christian-Judaic beliefs have formed the basis of Western Civilization. I'm not obsessed with moral codes, but I must admit that they have their uses. A commonly understood morality provides a structure to society. All Satanism is an attack on mainstream society. By rejecting the morals of society, the Satanists come to resent society and the people who comprise it. This is a conditioned form of mental illness.

MENTAL HEALTH AND FREE WILL. Mind control is an attack on free will. If you believe that people are essentially evil, then you must also believe that free will itself is evil. This is the justification for mind control.

To be mentally healthy you must realize that human beings are essentially good. Some forms of mental illness can cause a person to behave in evil ways. But a mentally ill person can often overcome their mental illness. It is only when a person comes to identify with their mental illness that that person becomes evil. People are by nature good, but in cases of extreme mental illness some become evil.

Mind control victimization is a form of mental illness that can be healed and overcome. The mechanism of mind control involves the manipulation of the subconscious mind. The recovery of repressed memories can release this manipulation. But you can also overcome such manipulation by paying attention to your consciously held beliefs.

The Second Epistle of John from the New Testament makes an interesting observation. He points out that the belief of the Anti-Christ is that Jesus did not come into the world in physical form. This observation is prophetic. Contemporary Illuminati don't deny that Jesus existed, instead they deny that Christ came into the world in physical form. They reason that because the world is so chaotic and corruptive, Christ could not have come here in physical form. So they suppose that Christ appeared like a vision or a commonly beheld hallucination. This denial of the physicality of Christ is a belief that came from an ancient philosophy. This philosophy also held that the Creator of the world is evil and that the world itself is evil.

The Illuminati see evil everywhere except in themselves. Not only do they believe that the Creator of the world and the world itself is evil, they also believe that all non-Luciferian human beings are evil. Because of their contempt for others, they believe that the common morality of human society doesn't apply to them. Because they see human freedom as chaotic, they seek to enslave humanity. Because they see the natural world as chaotic, they seek to destroy it. They plan to transform the world with geo-engineering. These Luciferian beliefs are at the heart of an insanity that plagues our world. These insane beliefs must be refuted.

I believe that a mentally healthy person with free will can realize these self-evident truths: It is important to be grateful to the Creator of the world. The world is good. Nature is good. Life is good. Humanity is essentially good. Mentally healthy people naturally behave in good ways. By believing in the morality of society, it's easier to feel empathy with others and this is a source of strength.

As a point of theology I believe that it's important to know that Jesus Christ came into the world in physical form. This was an act of Divine Love that verified the essential goodness of the world and humanity. This realization allows you, as a physical being, to feel empathy with God the Creator. To experience this Divine empathy is to overcome Satanic mind control.